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DERMAL FILLERS: TOP SEVEN FREQUENTLY ASKED QUESTIONS

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Dermal fillers offer an easy, non-surgical procedure that allows you to achieve a more rested and youthful appearance in a short period of time. Dermal fillers, also known as soft tissue or wrinkle fillers, are used to help create a smoother skin and youthful contours to the face. Read on for a little bit of history behind dermal fillers, and answers to the most commonly asked questions about dermal fillers.

Collagen was the first type of dermal filler on the market used to fill out and smooth wrinkles in the 90s. Collagen remained the most common type of filler until the mid 2000's when hyaluronic acid fillers were approved by the FDA. Now, most dermal fillers like Juvederm and Restylane are created with hyaluronic acid. Hyaluronic acid lasts about twice as long as collagen, and is reversible if you are not completely satisfied with the results.

Right around the time that Restylane and Juvederm became available, there was a major paradigm shift in how we view aging of the face. Cosmetic surgeons started to better understand that as we age, our face loses volume due to the body producing less naturally occurring hyaluronic acid and fewer lipids. Loss of facial volume is the main reason that most people look older, so the best way to achieve a refreshed appearance is to add volume back to the face.

Hyaluronic acid fillers are so effective that they have become the second most popular cosmetic procedure in the US behind Botox.



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BEFORE



AFTER

Drs. Cohen and Swartz have helped thousands of patients rejuvenate their appearance with dermal fillers. We've collected the top seven most frequently asked questions that we hear from patients who are curious about getting dermal fillers.

#1 WHAT ARE DERMAL FILLERS?

Dermal fillers are crystal-clear gels which are the same as a natural skin substance called hyaluronic acid. Replenishing hyaluronic acid rejuvenates and adds volume to the skin, diminishing the appearance of lines and wrinkles and leaving patients with natural looking results.

#2 ARE DERMAL FILLERS SAFE?

The hyaluronic acid found in dermal fillers is not actually an acid. It is a “water-loving” molecule found naturally within the human body that keeps skin plump and hydrated. Dermal filler products containing hyaluronic acid provide very natural and safe results.

#3 WHAT DERMAL FILLERS DOES YOUR OFFICE USE?

Drs. Cohen and Swartz use dermal fillers to smooth lines and naturally re-contour your face and neck to give you a younger, rejuvenated appearance without surgery. We choose the dermal fillers that are the safest and give the best results for a more youthful appearance. The primary fillers we use are:

- Juvederm
- Restylane
- Voluma
- Volbella
- Defyne

#4 WHAT SPECIFIC AREAS CAN BE TREATED WITH DERMAL FILLERS?

Dermal fillers are ideal for softening smile lines and plumping thin lips, filling lower eyelid hollows and dark circles, raising cheeks, and lifting drooping brows. Dermal

fillers have also been used in treatments to create beautiful nose shapes and profiles, smooth chins as well as acne scars, provide fullness to earlobes, and straighten jawlines.

#5 WHAT CAN I EXPECT DURING A DERMAL FILLER PROCEDURE?

Dermal fillers are administered by injection.

First you will have a consultation with Dr. Cohen or Dr. Swartz. He or she will ask you what you would like to change about your appearance, and based on your goals, will determine which dermal filler is the best choice for you.

After the initial consultation, you can decide if you want to proceed with a treatment that day, or go home and think things over. In most cases, your procedure can be performed during the same visit as [your consultation](#).

During the treatment, numbing cream will be applied to the treatment areas. If you are getting fillers in your lips, you may want a numbing injection, as the lips can be very sensitive. Dr. Cohen or Dr. Swartz will then give you a series of small injections. The number of injections and location depends on what you are trying to achieve with the treatment.

With minimal discomfort, this procedure is done in just minutes and usually requires minimal downtime for recovery afterward. You may have some redness, bruising or swelling right after the treatment, but you can go home or back to work if you'd like. We recommend avoiding strenuous exercise for the rest of the day.

#6 HOW LONG WILL DERMAL FILLERS LAST?

How long a filler lasts is dependent on how much product you receive, which filler you receive, and your metabolism. Some people break down the filler more quickly than others. Dermal fillers tend to last the longest in areas that move the least. For example, treatment in your cheeks will most likely last longer than those in areas such as the lips.

#7 CAN DERMAL FILLERS BE “UNDONE”?

The dermal fillers used by Drs. Cohen and Swartz are reversible and can be adjusted very easily if you have second thoughts after the procedure. A touch-up or reversal can be performed with hyaluronidase, a medication that dissolves the filler.

WHAT OUR PATIENTS ARE SAYING

One of the most important parts in your dermal filler decision is to find an experienced cosmetic specialist. [Drs. Cohen and Swartz](#) have helped thousands of patients rejuvenate their appearance.

The doctors take time to fully understand your needs and work with you to select your individualized plan. Once a plan is chosen, the doctors personally administer the treatments in one of their three convenient locations ([Bala Cynwyd, PA](#), [Voorhees, NJ](#) and [Center City Philadelphia](#)).

Drs. Cohen and Swartz believe that reviews are an excellent way to get to know a doctor better, and we invite all of our prospective patients to read [our patient testimonials](#).

Ready to schedule a consultation with Dr. Cohen or Dr. Swartz? [Contact us](#) online or by phone to schedule an appointment.