

LEADING THE WAY TO A HAPPY, HEALTHY GLUTEN-FREE LIFE

# Gluten-Free LIVING™

## COUNT ON BEANS

A healthy addition  
to the GF diet

Can FDA keep  
GF food  
safe?

Most  
OTC  
drugs GF

Enjoy  
one-pot  
bean suppers

No Bones About It  
*Yours need extra care*

ONLINE  
*How to find  
GF connection*

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Gluten-Free Living \$8.95

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